

SOUTH CALCUTTA TREKKERS ASSOCIATION

45B, Puddapukur Road, Calcutta 700 020

35th ADVENTURE CUM NATURE STUDY CAMP 2023

from 24th to 28th December 2023, Khairabera, Purulia, West Bengal.

JOINING INSTRUCTION

The trainees are requested to report at **Howrah Railway Station (New Complex)**, in front of Platform No. 22 & 23 by 20:00 hrs. on 23rd December 2023.

Onward Journey From Howrah to Muri. by **18615 UP Kriya Yoga Express**.
Departure time 21.30 hrs. On 23rd December 2023. From Muri to Camp Site by Bus.

Return Journey From Muri to Howrah by **18616 DN Kriya Yoga Express** on 28th December 2023.
The guardians are requested to attend the Howrah Railway Station (**New Complex**), in front of Platform No. 22 & 23 by the time of arrival of the train (06:30 hrs. approx.) on 29th December 2023 to collect their wards.

The TRAINEES SHOULD CARRY THE FOLLOWING ARTICLES:

Sl.	Item	Quantity
1.	Ruck Sack / Haver Sack	1 No.
2.	Sleeping Bag / Blanket	1 No.
3.	Foam Mattress	1 No.
4.	Polythene Sheet (2mtrs x2mtrs)	1 No.
5.	Bed Sheet	1 No.
6.	Air Pillow	1 No.
7.	Trouser/ Track Suit	3 Nos
8.	Short Pant	1 No.
9.	T-Shirt (At least one full cotton T-Shirt with collar Must have)	3 Nos
10.	Wind Cheater	1 No.
11.	Sweater / Jacket Full Sleeve	1 No.
12.	Sweater (Half Sleeve)	1 No.
13.	Monkey cap (Woolen)	1 No.
14.	Woolen Hand Gloves	1 Pair
15.	Keds / Sneaker (Rubber Sole) Right Size	1 Pair
16.	Socks	3 Pairs
17.	Chappal / Flip flop	1 Pair
18.	Water Bottle (Must have)	1 No.
19.	Small Knap Sack for full day out	1 No.
20.	Rope ¼ " (6mm) diameter (Cotton)	2 mtrs.
21.	Mesh tin, Mug, Spoon, Bowl for food – Applicable for 2nd Year onwards Must	1 No. Each
22.	Plate & Mug, Spoon, Bowl for food -- Applicable for 1st Year	1 No. Each
23.	Torch with extra cell	1 No.
24.	Knife	1 No.
25.	Personal Toilet Kit including hand sanitizer (mask optional)	1 Set
26.	Note Book , Pencil / Pen, Drawing Material	1 No. Each
27.	Odomos Ointment / Mosquito Repellent (Small Tube)	1 No.
28.	Polythene Sheet good quality (3mtrs X 3mtrs) (NOT BLACK or TRANSPERANT) -- Must have	1 No.
29.	Rope 1/8" (3mm) diameter (Cotton)	12-15 mtrs.

Note:

- ♦ For further details please contact South Calcutta Trekkers Association on any weekdays between 7 to 9 P.M.
- ♦ **THE TRAINEES SHOULD BRING THEIR DINNER for Train on 23rd December.**
- ♦ **No CELL PHONE, VALUABLE ITEMS, EXTRA FOOD.** Parents are requested to let their wards make a list of the items they are carrying, in the notebook themselves to find and pack up easily at the time of return.
- ♦ **Contact Persons:** Dipen Samanta 94332 93756, Sapath Das 98308 31496, Sayantan Dutta 94336 45889

